

## Liminal Consciousness

*Or*

*Existing in a Quantum Universe while Living on a Newtonian World™.*

*Truth depends on the insight of each individual. And as we cannot, all of us, have the same insight or perception, it is impossible to generalize the problem of truth. Therefore from this standpoint and in conformity with the degree of his maturity, each will have his own truth, providing he sees it quite honestly. Only he who knows and masters the absolute laws of the microcosm and macrocosm is entitled to speak of an absolute truth.*

*Franz Bardon*

*I am a center of expression for the Primal Will-to-Good which eternally creates and sustains the universe.*

*From the Pattern on the Trestle Board*

"Of or relating to a sensory threshold" these seven words are the circumference in which your life, your world, your consciousness, have been circumscribed. We each experience the world through, at the very least, our 5 physical senses. From the center of expression we call ourselves these senses reach out and deliver all sorts of telemetry to us about our surroundings. It is through the senses that meaning and definitions are given to the objects and beings we interact with throughout our day. The lessons we deduce from our daily sense telemetry form the foundation of our perspective of the world, the reality we live. They are the yardstick by which we measure; they are the branches of "The Tree of Knowledge of Good and Evil."

Your senses lie to you. Discard them. Admonishments like that have been heard from both the East and West. Are we to ignore the fact that we see suffering in the world, are pain and disease not real?

The answer is yes... and no.

If modern science has done one thing it is that time and time again it proves the fundamental precepts and tenets of *Ageless Wisdom*. We now know for a fact the story our senses convey to us about our world is not complete. There are ranges in the known and yet to be discovered electromagnetic spectrum of which our physical senses report nothing. Had it not been for our ability to develop machinery to extend our sensory telemetry we would know nothing of these spectra in the rainbow of manifestation.

Things still unknown nevertheless do exist. There are all sorts of physical phenomena that fall within ranges of the known and unknown spectrums we are unable to perceive as yet, not to mention the effects the effects of the fluid interplay of our thoughts on the so-called fabric of reality. Indeed it can be said without hesitation that you have created the very situation you find yourself in irrespective of you calling it good or bad.

From our perspective we (the human species) stand at the pinnacle and center of evolution on

this planet. From our center of perception we accept the data input of our physical senses and form conclusions that we interpret as the basis of reality. In this model the outside world is the catalyst for all events, and *Life* itself is dependent on matter.

The point of focus is different in alchemy. We see interior stimuli as being responsible for the development of all we see and perceive in the outside world. The truth of the matter is that the *One-Life* has been, is now, and will be, in the future creating and sustaining you within its being we call the universe(s). From the pre-moments of your conception and beyond this *Living-Force* has guided your development and growth as well as managed the myriad intricacies of maintaining your body. Yes life created you, and it sustains you, because it has a purpose for you here and now. You are not a single entity but rather your body is a symbiotic relationship between trillions of individual cells working in harmony for the good of the whole. What has sustained these trillion lives? What has regulated them, feed them, carried away their waste, cultivated and trained them for their specific use? Surely not you or I. It probably would not be to far off the mark to say you have not given much thought to the hordes of denizens you co-op with. Scientists explain these remarkable feats saying that the instructions for a particular cell's purview are stored in its genetic makeup. It is in other words a mechanistic outcome, not one based on any guiding overall consciousness. A copy of a thing is in truth just a memory of it, and memory falls within the realm of consciousness. Is memory (consciousness) any less real because it is retained within a silicon chip? If the same so-called dead chip were implanted in your head would the memories you retrieve from it be real, dead, or fake? If you were able to untether your consciousness from your body, and go to distant places, see, hear, and experience things, even place your consciousness into a silicon ship to retrieve its data, would the memories retained from all those experiences be real, dead, or fake?

The hermetic science teaches that the Universe is the outcome of the operative action of mental process performed by *One-Conscious-Living-Spirit*. Not in the doting grandfather with long white beard persuasion, but rather in terms of truth that many who cling to the image of their-self being their-body, find frightening. For the *One-Life* has never created a thing inimical to itself, it, and thus you, continue on.

Indeed what we call our bodies are truly a trillion centers of expression for the *One-Life*. With a trillion minds focused through the prism of what we call consciousness it is easy to see how our beliefs, assumptions, and habitual thoughts auto-generate our reality.

But what are we projecting our thoughts onto? To be sure it is the substance of the *One-Life*, but again when viewed from our perspective its activity is seen to take place on a level beneath that of our conscious awareness, so it is termed subliminal consciousness. This is the consciousness that controls your heartbeat, breathing, cellular, and all bodily functions. It is the store of all your memory, and controls all atomic and subatomic particle behavior. For the hermetic scientist the stuff of matter is supported by the mind-stuff of subliminal consciousness, it is the foundation upon which the kingdom is built.

The mind-stuff of the subliminal realm is eternally virginal and yet fructifying. She is a sovereign and yet a willing and obedient servant. She will carry out any command but bears not the glory or guilt for its outcome. The subliminal realm does posses a consciousness that operates exclusively through deduction. For this reason our loyal queen and servant will continually extrapolate out onto itself erroneous seeds of assumption, premises, beliefs etc., implanted into

her by the liminal mind.

The ancient hermeticists say that the stuff of the subliminal realm is actually a form of light, which is synonymous with life and energy. Scientists say that all matter is energy and radiant energy is nothing more than light. Thus this light is continually active and pervades the entire universe.

The subliminal realm is continually active throughout creation; its manifestation is so subtle and pervasive that the wise declare it to be the fabric of the universe. It is the gateway through which perception of the universal spirit is imparted to us through what is called intuition, as well as acting like a communication device putting us in contact with the people and material we need to accomplish our goals.

But this you must keep in mind, you must be willing to "dare to do and be" that which you want. Know then that this force is real and alive. Use it consciously, improve your conscious control over it, and trust in it, and you will be amazed at the miracles that flood into your life. With all that has been said three major areas of influence are seen to be the purview of the subliminal realm, they are:

1. The maintenance and regulation of your body to keep it healthy, functioning efficiently, and control your physical/spiritual regeneration.
2. Develop your intuitive knowledge of the laws of the formative forces of Nature, and how to apply them to achieve your One Aim.
3. Expect to be placed in touch with the persons and things you need in order to reach your chosen goal.

So how do we go about controlling and taking advantage of the properties of the subliminal realm? Do we command it to do such and such; do we demand of it this or that thing? Again let it be said that *Our Inner-Lady* is amenable to control through suggestion. Let us look at the three key words that describe how we go about directing and using the Magical Agent of *Our Inner-Lady*, they are; amenable, control, and suggestion. The dictionary definitions of these words are;

*Amenable*. Ready or willing to answer, act, agree, or yield; agreeable; submissive; tractable; liable to be called to account, answerable; legally responsible.

*Control*. To exercise restraint or direction over; dominate; command. To hold in check; curb:

*Suggestion.* A slight trace. The calling up in the mind of one idea by another by virtue of some association or of some natural connection between the ideas. The offering of a stimulus in such a way as to produce an uncritical response.

In the word amenable we see the personality of *Our Inner-Lady*. She is without a doubt a faithful and willing servant, one who dispatches whatever our heart's desire is to the best of its abilities. If she is not doing what you want it to do it may be called to account, it is after all legally responsible to carry out our commands and must follow them without hesitation.

The word control speaks of our relationship, or more properly the relationship of the *liminal-mind* to that of *subliminal-mind*. Though a sovereign our lady is nonetheless subordinate to our waking conscious thoughts.

Finally the word suggestions tell us how to interact with *Our Inner-Lady* to get the best results from our most esteemed and virtuous High Priestess. She is moved not by the ironclad fist but by the caresses of suggestion. She will move favorably and extensively for you if you are gentle with her and let her do her work. Remember she will deductively elaborate what you tell her, the secret then is in forming the proper stimulus so that she may go about her work. Should what is beginning to manifest not be exactly what we want we may speak to our Virgin and let her know that she is straying from our desire and that she should correct that which is out of alignment with our hearts desire. Our lady has within herself the fructifying spirit of nature, she is ever immaculate, and readily produces that which the liminal mind, her lord and master wills her to create.

So where should we start our task of controlling the subconscious? The Hermetic Science teaches that this begins with our bodies, because all that we accomplish on the material plane is done through the agency of the body. We must then seek to ensure that we receive the proper amounts of light, air, nutritious food, exercise and rest.

The above of course does not mean that we cannot use this technique to bring about change in our outer world. The way of thinking of most persons is to assume that they must manifest and live the preliminary steps perfectly before they can attempt to bring about change in their outer circumstance. This of course is an erroneous observation to send to the *Inner-Lady* for elaboration. The human mind seems to always throw up road blocks, stating that it must be perfect in this or that thing before it can move on to something else. Instead of following that old pattern move the above suggestion into your life in tandem with the things that you wish to change with your outer circumstance. Do not wait or hesitate to go after and get what it is that you want. To do these things in unison is to flood *Our-Lady* with constructive, empowering premises from which it will elaborate a garden of many beautiful and fragrant flowers. Do not

feel that you cannot move forward to make changes in your life unless you have achieved perfect health, have lost weight, or have maintained a spotless house and desk for some time. To do this is to really tell Our-Lady that you do not want your hearts desire right away, that you wish it to manifest some sort of impediment for you to overcome always keeping you just out of reach of your hearts desire. I say be bold and make the changes to your life style as necessary, begin this day living and being that which you desire to be and do that which you desire to do.

Try sitting in a chair, back straight with legs together for 15 minutes without moving. Invariably if you have never done this exercise you will find that it is quite difficult to be still. Your legs, especially the inner muscles of your thigh will begin to tremble and get warm, and they will want to open. It takes a good amount of will power to force yourself to be still.

In this simple exercise we see a truth not much noticed by many persons, namely, the act of thinking is just as much a physical activity as walking, running, or making love. In fact it might be said that the most important kind of physical activity is that of thought. Thought is absolutely the precipitator of all action that is accomplished through our bodies. Without it we accomplish nothing and are nothing.

Everything in the universe is composed of the radiant energy of the mind stuff of the subliminal realm; whatever exists is made of it. It finds its expression in Mendeleev's table of the elements and their varied reactions, just as certainly as what we recognize as life in the different kingdoms of nature. The Hermetic Science says the highest expression of this energy is its coalescence into the human body, with the pinnacle of this expression being the operation of this power to produce a self-conscious human personality.

It is this power that has caused the evolutionary migration of all organisms in the universe including humankind. It is this one energy that you will use to consciously bring about the next evolutionary leap you are preparing to take. Through an elaborate system of practices comprising the "Path of Return" the use of alchemical substances and meditation the Western Adepts have devised a system to bring about this evolutionary leap. In the eyes of their fellow man they seem to walk the earth as living incarnate Gods, when they decided to let thier true presence to be known.

The work of spiritual regeneration is not the exclusive domain of the mental sphere; all adepts assure us it is accompanied with definite physical changes in the human body. These changes have to do with the reorganization of key groups of cells in the body and the brain, changes in the secretions of the glands, working of the lymph system and more.

In order to bring about these changes we must first realize that the mental forces we are working with are real and tangible. Remember whatever you see is an example of consciousness manifested. And as the universe was created via the mentations of God, so too can you bring about the evolutionary change of yourself via the conscious use of your mind.

Its few possessors have used the unusual methods that will be described in this book for centuries. The information was not kept secret out of some niggardly disposition, but rather because of the evolutionary state of humanity. Ignorance behind the truth of manifestation, and the oneness of life made it dangerous for these persons to speak in years gone by. To divulge their secrets generally meant that the possessors were persecuted, hunted down and destroyed by those fearing anything divergent from themselves.

We are living in a time where science is rapidly advancing toward the truths that have been reserved by the true adepts. The human race as a whole has prepared itself to consciously take part in its next evolutionary step. All sages and wise men that have observed the workings of nature, of man, and of life, agree that by the use of light man is able to free himself from the shackles of destitution, affliction, and failure. Adepts of all ages agree that by following these methods, the changes that occur in the human body will refine it into an instrument that intensely focuses the One Will.

Before the mental work can begin we must make sure that our body is in a position to be worked on. It is essential to eat and drink properly. To give our bodies enough fresh clean living water so that the cells may do their work properly and the glands may secrete the necessary hormones and catalyzing substances used to bring about our spiritual evolution. Correct posture is necessary to ensure that the flow of the life force moves unrestrictedly. We all are born using the correct posture when we sit. I was amazed by each of my little girls when they had reached the age where they were able to sit up by themselves that their posture was perfect. They sat or squatted on the floor with their backs completely straight, with no effort at all. Good posture is a natural state; bad posture is an acquired state.

Make sure then that you are preparing your body for the work that it must do in order for you to achieve your one aim, so that you may have what you want, do what you want and be what you want.

### **Chapter Summary on Liminal Consciousness**

1. Light is synonymous with energy and life.
2. Light is the substance of all manifestation.
3. Light is continually active, and pervades the entire universe.
4. The Hermetic Science says that on the whole the operation of this light is done in a manner that is beneath the conscious perception of man. Its actions are not dependent on our conscious intervention.
5. This power maintains and regulates those things, which are the very foundations of existence. It regulates our heartbeat and breathing, controls the seasons of the year, makes sure that night follows day. Even in the conscious act of raising one's arm a host of complex chemical changes is produced in all of us via subliminal consciousness without any direction or conscious intervention on our part.
6. Though the regulative and sustaining functions of *Our Inner-Lady* happens without our conscious intervention. *Our Lady* does respond to stimulus from the liminal level of the human mind. She uses deductive thought processes in response to such stimulus. It will elaborate in a logical manner any premise presented to it from the liminal mind, irrespective of the premises being correct or incorrect.
7. What we need to learn is not how to control *Our Inner-Lady*; our control over it is inherent in our spiritual constitution. We need to become more aware of our relationship to her, and watch with vigilance our habitual mental habitations.

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